



## PRESIDENT'S MESSAGE

*Donn Goss, LMTC President*



Beginning now we are attempting to begin an annual function for the club and its members. The event will be played in early February. The event

is a tournament of teams. Each team will be made up of an upper and a lower division. Each division will have at least six members.

Each division, like world team tennis, will play a men's single match, a women's single match, a men's doubles match, a women's doubles match, and a mixed doubles match. If we can get one hundred twenty of our club to sign up we can have ten teams. The teams that are developed will play among themselves to establish the club champion team.

Now all of you are invited to sign up to play. Each member shall sign up independently. The club as sponsor will make up the teams that will fill out the field. There is no entry fee for participating players. Come one, come all. A week after the conclusion of the tournament we will have a club dinner (the date shall be adjusted recognizing weather demands) allowing time for awards and some appropriate roasting of participants.

The goal for the event is to allow

for the expansion of camaraderie of our membership, which is a community of people joined together by their enjoyment of the game of tennis. For myself there have been many times that I have seen someone play a point that was exceptional on a court next to the one I am playing on. Involved in my own game and observing the etiquette of the game I have been unable to express my admiration for the play to players not on my court. Maybe this tournament can allow for acquaintance with players I have admired with out knowing their name.

I believe that the game of tennis is a joy for all who play the game and I believe that the joy is magnified when there are more participants involved in the events of the day. Please sign up at the club house desk for an event that I believe can expand the joy for us all.

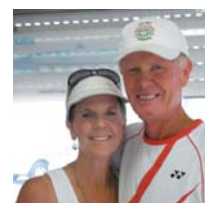
However, if you feel that I, your current president, have overstepped the lines and powers of the club, I welcome your comments and chastisements. Lets all have a great time.

With the holidays of the season we are all challenged with meeting and making social demands that surround us. It is time to express thanks for the efforts of those around us that enjoy the order and efficiency that allow us so much pleasure with the games we play. In behalf of the club I want to express thanks to the Emmersons for the order

and courtesies they provide us all. To the board members I can only say that you amaze me with the devotion and attention you share to allow the smooth operation of the club and I thank you. To the members and players, I thank you for without you there would be no joy in thinking of ways to improve and expand this operation from which we play the game. I look forward wishing us all a Happy New Year.

## MANAGEMENT REPORT

*Dan and Kathy Emmerson*



Time to bring in the New Year with some warm weather and healthy players to occupy the courts with cheer!

Highlights to look forward to in 2012 will be the 1st Annual LMTC/EMMO USTA Sanctioned Junior Tennis Tournament. Children ranging from 8-18, from all around the nation will be showing their elite display of tennis. The event will be held September 9-10, 16-18. Be looking for details on sponsorships and information on signing up to be a volunteer! We will also be hosting a club social World Team Tennis style! Teams will consist of Singles, Doubles, and Mixed Doubles.

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## PRO CORNER

Lenny Packard, Head Pro



Happy Holidays to all of you reading this newsletter. I am happy for all of the people that I have met in my years at our club. People that

visit our club are impressed by our set up and locale. The teaching staff at Lake Murray would like to thank you for letting us improve your games and are prepared to create more improvement in 2012. Make a list of areas in your game you would like to improve and call us. One improvement could be my tip for this issue:

Attack weak second serves. We could start by moving up for their second serve to receive it. A distance between service line and baseline would be good. The most aggressive move would be to hit a topspin drive at the servers feet who has stayed at his or her baseline. As you were finishing your stroke you would rush towards the net and do a split step right before their contact. If their reply is a hanging volley move in and put it away. If their answer is a lob, try to hit a winning overhead smash. There are other scenarios possible but, if the two I described work well for you, and you will attack more often and have a lot of fun doing it.

See you through the Windscreens!

## JUNIOR TRADITIONS BEGIN IN 2012

By Karen Ronney

LMTC Pro and the Natl USTA 10andUnder Representative - San Diego The face of junior tennis is about to change. Anyone notice the colorful balls being used on the Lake Murray courts in kids' classes? It's a program designed to offer young children 10 and under an opportunity to learn tennis with various types of low pressure balls, smaller courts and lighter rackets. It's called 10andUnder tennis using the QuickStart format and it will no longer be an option in teaching and playing junior tennis. Starting January 2012, here are the USTA and Southern California rule changes:

- All Kids 8 and Under (from beginning to advanced) will be using the 18 x 36-foot court and the red ball for practice

and matches. (The Red ball is 75 % less pressure than a regular yellow ball.)

- Kids 10 and Under beginners and Novice Tournament players will be using the 60 x 21-foot court using the orange ball. (The Orange ball is 50 % less pressure than a yellow ball.)
- Kids 10 and Under Satellite Tournament Players will compete on the full sized tennis court using the green ball. (The Green ball is 25 percent less pressure than a yellow ball.)
- Kids 11 and Up can play on the full sized court using the traditional yellow ball.

The greatest reason for kids to use this format is that it makes tennis easy to learn and they quickly develop strokes along with rally skills. The reduced court size is designed to create success for the reduced size of a child. Hence, a smaller the child should be playing on a smaller court. It's all about the length of their limbs and court coverage. For example, an adult can run from center to sideline on the baseline in an average of about 4 to 6 steps. For an 8-year-old child that takes 8 to 10 steps. As a result, kids have to run twice as many steps to cover the same amount of court as an adult. Also, a regular yellow pressure ball bounces an average of height about waist high on an adult. For an 8-year-old child, that is way above the shoulders, which is very difficult. To accomplish this task, they adjust using extreme western grips and gravitate to hitting moon balls or lobs to compete on that huge court.

The biggest advantage? Kids who grow up playing red, orange or green tennis can become all court players. Why? Because it's easy to run up to the net and hit mid-court swinging volleys, overheads and closing volleys. The likelihood of being lobbed on a red court is very low. So the end result is a new generation of all-court players who can do it all!!! Maybe in about 10 to 15 years we might see a young LMTC junior who started out in 10andUnder tennis classes make it to the top of the sectional, national or international tennis world!

Also keep in mind it is great for beginning kids, teens and adults of all ages to initially use the lower pressure balls to learn to rally and play in a user friendly way.

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## MEMBERSHIP

Janet Steinberg, Memebership Director

It's membership time again! You will find a membership renewal form within this newsletter, and more can be found at the club's front desk.

Please fill it out and return it no later than January 15 to avoid any late fees.

Now that you are a member, put it to good use! Use the matchfinder on our web site to set up matches. Contact Debi Adcock, our leagues chair, and join a league. Take a lesson or clinic with our fine Pros. Reserve the ball machine to get some good hitting time in. Lend a hand to our grounds crew to keep our club looking sharp. Most of all, enjoy the club and have fun!

## PRO SHOP TIDBITS

We are ready to bring in all the new 2012 rackets from Yonex in the months to come! Come in and demo any of our rackets or talk to our staff to discuss new innovations in the world of tennis.

**Special of the month-** Bring in your racket to be strung and get a free over-wrap with stringing. Let us know what color and we will install it for you.

**Student Discount on stringing** - mention to us your high school tennis team that you play for and receive \$3.00 off all racket stringing!

## JUNIORS!

If you would like to participate in a club challenge ladder, please call: Lenny Packard at (858) 405-0907

## MANAGEMENT REPORT

*....Continued from page 1*

Players will be all levels and will sign up and be drafted by a team to compete against other talented club members! Details will be out shortly.

New parking lot lines, nets, windscreens, and chairs are a few improvements set for the new year. If you have any other ideas to improve the club please let us know. We look forward to another fantastic year of tennis at LMTC!

## LEAGUES AND TOURNAMENTS

Deborah Adcock, Leagues and Tournaments Chair



Our leagues have been busy again this year! We had very good showings in our Ladies Leagues! We have a doubles ladder for the women and the start date for our

next season is in January. In order to play womens doubles you need to challenge onto the ladder. The league challenges for the January season are closed, however, the fall season beginning in September, is open to any new team challenging on by July 1st. The challenges start as early as January 3rd.

The B team headed up by Pat Curtis plays on Wednesday and is approximately a 3.0-3.5 league. They ended their season in 3rd place. We have two BB teams playing on Tuesdays. The BB-3 team, captained by Laurie Pieratt (3.5-4.0) ended up in 3rd place. The BB-2 team, (3.5-4.0) captained by Debi Adcock finished in 2nd place. The A team, (4.0-4.5) captained by Christine Bagley also finished in third place. The A team alternates between a Friday-Fall season and a Thursday-Winter season play date. All the rules and more details are on our web site.

The men have a Thursday league headed up by Mike Boyko. Please contact him @ 619-339-1911 for details.

We also have World Team Tennis playing out of Lake Murray. This league is for men and women. We have 4.5 and 4.0 teams currently. Put those lessons in use and join us!

Happy Holidays,  
Debi Adcock  
619-464-0120

## BABY IT'S COLD OUTSIDE

Nira Lipovsky, Treasurer



I have to agree. It has been pretty cold these nights. It's easy to talk yourself into staying home and enjoying the warmth and comfort of your dwelling.

**BUT WAIT A MINUTE!** Just think about what you are missing. Tennis under the stars and the full moon on Friday nights

is really too good to miss. Get some layers on (probably the clothes you received for Christmas or Hanukkah gifts) and come out at six o'clock and see how much fun it is to see some old friends or make some new ones. You will run around and start to feel invigorated. You will be doing just what the doctor ordered. What a way to end the week. Tennis on Friday night at LMTC is a good New Year's resolution. **HAPPY NEW YEAR TO ALL!**

## GROSSMONT VALLEY LEAGUE

By Douglas Goodall

LMTC hosted the Grossmont Valley Girls Tennis League Individual Tournament again this year. The schools represented were; El Cajon Valley, El Capitan, Monte Vista, Mount Miguel, and Santana. Monte Vista's Edith Martinez (11) finished as Singles Champion again this year, and Monte Vista's Sarah Abrenica (11) as Finalist. El Capitan's Megan Ellis (12) and Sarah Osterhoudt (12) defeated Monte Vista's Maria Llamas (12) and Jessica Corral (11) in a three set battle for Doubles Champions. Finishing third in Singles, Anthoinette Dominguez (Mount Miguel, 12); fourth place, Jayden Tabor (El Capitan, 10). Third place doubles: Gregor/Wilson (El Capitan), and fourth place; Ortiz/Stanfill (Monte Vista).

As the league representative, and on behalf of coaches, parents, and players I would like to thank the Lake Murray Tennis Club membership, board, and management for hosting this event, and for making all the participants and spectators feel comfortable. Many of these players never see a tennis club of this quality. It is truly something special we are able to give by hosting this event.

## JUNIOR TRADITIONS BEGIN IN 2012

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The various low pressure balls are slower and bounce lower so beginners can more quickly develop the proper strokes. The only difference between a younger and an older beginner is the length of time spent with low pressure balls. It's a lot of fun. Give it a try. I will leave some demo foam, red, orange and green balls at the shop for anyone to try. Just ask for the QuickStart bag and return it when you are finished for the

next member. Also, 10andUnder tennis balls can be purchased at the Emmo Tennis shop. Ask Kathy for help.

The future of junior tennis starts 111y...the red, orange and green way! For more information on the 2012 10andUnder tennis classes contact Coach Karen at coach@karenronney.com or call 619-644-1166.

Happy Holidays to All!

## TEACHING PROS

USPTA Certified Professionals

Let our pros help you reach your goals this year!

**Len Packard: 858 405-0907**

**Juniors and Adults**

**Privates and Clinics**

**Dan Emmerson: 619 697-1418**

**Adult Privates and Clinics**

**Allie Bradshaw: 619 392-6665**

**Adults and Advanced Juniors**

**Karen Ronney: 619 857-1166**

**Junior Privates and Clinics**

**Summer Camps**

**Nathan Welden: 619 920-9052**

**Adults and Juniors**

**Privates and Clinics**

## JUNIOR ALL STAR NEWS

LMTC junior member Lindsay Brown, the top singles player at Patrick Henry High, was recently named First-Team All-CIF in San Diego tennis.

Ja'Ana Diamond, who reached the round of 16 in CIF, won the Grossmont League singles title. Brooke Ronney won the Eastern League doubles title with partner Ashley Hayashi-Osorno and the pair reached the round of 16 in CIF. This year, Julia Ronney was on the winning teams in the USTA 12s Western Zonals Championships in Arizona and the 12s Advanced Junior Team Tennis Southern California Section Championships. She was on the So Cal team that won their second straight Gar Glenney Cup- a competition between some of the best juniors from Southern California vs. the best from Northern California.

## Around The Club

**Friday Nite Fling:** Fridays at 6pm

**Junior Drop-in Clinic:** Fridays  
4:30pm-6:30pm

**Beautification Day:** Every 2nd  
Saturday 7-11am

## LEAGUES

### USTA

**Mens 4.0:** Sundays 9am-12pm

**Womens 3.5, 4.0:** Tuesdays 9am-12pm

**Womens Senior 4.0:** Thursdays 9am-12pm

### WORLD TEAM TENNIS

**4.5:** Thursdays 6:30-9pm

**4.0:** Wednesdays 6:30-9pm

**3.5:** Mondays 6:30-9pm

**OVER THE HILL GANG:** Thursdays 8-10am

### LMTC HOLIDAY HOURS

Thanksgiving Eve: Closing 4pm

Thanksgiving: Closed

Christmas Eve: Closing noon

Christmas: Closed

New Years Eve: Closing 4pm

New Years Day: Closed

Easter Sunday: Closed

## CURRENT MEMBERSHIP As of November 30th 2011

Total Memberships: 408

Single: 285

Couple: 130

Family: 60

Junior: 44

Total Members: 519

## BOARD OF DIRECTORS

President: *Donn Goss*

Vice President: *Houria Graves*

Treasurer: *Nira Lipovsky*

Secretary: *Marty Sterling*

Memberhip: *Janet Steinberg*

Leagues: *Deborah Adcock*

Premesis: *Diane Bailey*

## CLUB HOURS

Monday thru Thursday 8am - 9pm

Friday 8am-8am

Saturday and Sunday 7am-6pm  
(6pm-8pm with reservation)

## LOOKING FOR A MATCH?

Use Match Finder, our club's online contact resource. Player contacts, ratings, and match preferences. Log into [www.lakemurraytennisclub.com](http://www.lakemurraytennisclub.com); password: 6060 - today!



MEMBERSHIP RENEWAL AND TOURNAMENT ENTRY FORMS ENCLOSED

TENNIS CLUB  
San Diego, CA 92119  
7003 Murray Park Drive  
(619) 469-3232

